

Training Course (Borrello, Abruzzo Region) 28 September – 07 October 2023



PARTICIPANTS' INFOPACK

*“PROTECTED AREAS: A PLAYGROUND FOR THE INCLUSION OF
YOUNG PEOPLE”*



Intro Concept:

One of the results of the strong economic and social crisis that are affecting all Europe is that more and more young citizens are living in a condition of mistrust in the future increasing marginalisation and disregard for the society. In this framework, Nature can serve as a fruitful "playground" in which to stimulate young people's practical activities in order to increase their opportunities for citizenship, community inclusion and active involvement. For this reason, in the last few years we focused big part of our work in supporting the development of all kind of protected areas in the Abruzzo Region starting and/or consolidating interaction paths between the Natural Capital and young people by developing with them a set of good practices, modules and learning/working tools linking various aspects of Sustainable Development. We applied for a 3 years project with the aim to realize an educational, formative and experiential path able to promote sustainable, inclusive and participatory development of young people and local communities



Idea is to interact with 4 Nature Reserves and 2 National Parks in order to ensure the active involvement of young people in the management of protected areas under an infrastructural (signposting for routes, information panels, gardening, beekeeping), educational (manuals, dossiers, modules, dynamics) and communicative (audio-visual and graphic products, social media) point of views involving in this process the whole local communities and its different stakeholders (youth and youth organisations, municipalities, social enterprises, schools, environmental NGOs and Institutes, etc.). During the whole process, seven different activities (from Seminars to Youth Exchanges) will take place both in Abruzzo and abroad involving directly almost 200 participants and 11 countries (both EU and Western Balkans) in order to achieve the several goals planned (e.g. to learn technical skills, increase eco life styles and responsible behaviour, develop critical thinking and new educational modules, support local community and Protected Areas).



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Training Course in Borrello:

The Training Course will take place in the inner part of Abruzzo Region, in the rural community of Borrello nearby the Regional Nature Reserve “Del Verde Waterfalls” (cascatedelverde.info/, highest natural waterfalls in South Europe), where mountains of the Apennines chain will be our main landscape. While the previous activities realised represented the Observe phase of the project (it.padlet.com/circoloarcichieti/protected-areas-a-playground-for-the-inclusion-of-young-peop-ged9o5zeh02ji33x), through the Training Course we are entering in its Rethink stage. The overall aim is to train youth and social workers, environmental activists, educators, youth animators, those responsible of NGOs and youth centres, peer educators, volunteers with innovative approaches and methods in order to facilitate the inclusion of young people (especially the ones with fewer opportunities) and to ensure their active involvement in the management of protected areas under an infrastructural, educational and communicative point of views.



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Training Course in Borrello:

For this reason, participants will acquire new competences, skills and methodologies through an educational path in direct contact with the Nature and the Borrello surrounding areas in which to use Non Formal Education methods. To achieve these goals, 3 environmental practical workshops (Creation of Educational Modules, Community Engagement and Nature, Visual identity of the Nature Reserve) will be developed in order to test on field the new competences acquired and improve a sustainable community development. Moreover, in couple of specific working sessions, a set of possibilities on how to exploit knowledge and competences in local and international contexts will be established in order to represent the starting point of the methodological and educational platform that will be applied during the next Youth Exchanges in Italy and in Bosnia Herzegovina.



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Training Course in Borrello

The three workshops

Main part of the Training Course will be given by the realisation of three workshops where participants, together with an international team of facilitators, will be the main character of their own educational path in direct contact with the Nature and the Borrello surrounding areas in which to use Non Formal Education methods. Workshops will be:

Creation of Educational Modules (Facilitators Branislav Ristic and Giuseppe Di Renzo)

The idea of the workshop is to provide main methodological elements on how to plan, develop and apply different kind of educational modules and dynamics connected with the Nature in order to improve and promote a sustainable development of the community. Non Formal Environmental Education methods will be used together with the biodiversity of the area and the specific case study represented by the Del Verde river and its Crayfish re-population.

Community Engagement and Nature (Facilitator Alan Hulme)

An essential tool for any protected area is community engagement. Gaining the support of people can hugely increase its resilience while giving those involved a sense of ownership and emotional investment, which can be called upon when circumstances threaten it's future. This workshop will focus on ways to engage the public and keep them engaged to secure the existence and support for a protected area.

Visual identity of the Nature Reserve (Facilitator Polina Stoyanova)

The workshop will focus on the infrastructural and communicative needs of the Nature Reserve. The general aim is to generate condensed, powerful, easy to understand signposting for routes, information panels, posters, maps, flyers, postcards that will help to facilitate the visual identity of this protected area. We will dwell into an "investigation" around the interesting spots and facts (both environmental and historical) and then visualise this precious "collection" using our artistic talents.

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Training Course timetable:



ERASMUS+ PROGRAMME – A3 TRAINING COURSE
“PROTECTED AREAS: A PLAYGROUND FOR THE INCLUSION OF YOUNG PEOPLE”
 Borrello (Abruzzo - Italy) – 28th September/07th October 2023

SUPER VERY DRAFT PROGRAM

28 Sept Thursday	29 Sept Friday	30 Sept Saturday	1 October Sunday	2 October Monday	3 October Tuesday	4 October Wednesday	5 October Thursday	6 October Friday	7 October Saturday
Arrival of participants in Borrello and settlement in Hotel “Rifugio dei Sanniti”	Get to know each other Presentation of the project Team building	Field Visits: The Nature Reserve “Del Verde Waterfalls” and “The crayfish reproduction centre”	Workshops (Creation of Educational Modules, Community Engagement and Nature, Visual identity of the Nature Reserve)	Workshops	Excursion Pack lunch	Workshops	Workshops	How to use learned skills and competences Next Steps	Leaving of participants
	Working session “The importance of Protected Areas” Introduction on the Workshop Activities by facilitators	Field Visits: “The rout of the water” and the Borrello historical facts	Workshops	Workshops Midterm evaluation	Excursion	Workshops	Sharing results and outcomes	Final evaluation Free Time	
	Intercultural evening (PT, SP, SK,RS,RO)	Intercultural evening (UK, IT, BH, AL, BG)	Free	Show and Tell	Free	Free	Free	Farewell dinner	



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Accommodation and what to bring:

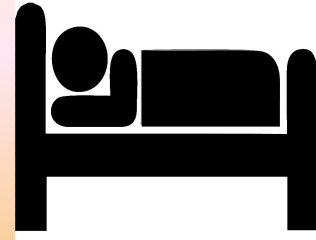
ACCOMMODATION



Participants will be hosted in the Hotel “Rifugio dei Sanniti” in Borrello

<https://rifugiodeisanniti.it/>

They will be accommodated in rooms with 2/3 beds and private services. Breakfast will be served in Rifugio dei Sanniti as well as all the meals due to the fact we'll be in self-management mode.



WHAT TO BRING???

There are few things to put inside your luggage. Furthermore, being an experiential Training Course with practical workshops, consider that we will spend a lot of time in Nature. So, be ready for that! That's why we suggest to bring:



- Towels for the Hotel (they will not be provided)
- Whatever you need for your personal hygiene
- Slippers, rain coat, solar cream, hat, water bottle
- Comfortable shoes and clothes for the different activities including sport shoes (or better trekking shoes) for the excursion day



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Travel Details

ARRIVAL PLACE

Participants will have to reach one of the picking-up points that will be **Lanciano Bus Station** or **Lanciano Train Station**. In co-operation with a local bus company we will organise a shuttle service to the venue. As usual, we offer all our support to provide advices and support to choose the best travel option and/or to purchase the tickets.

GREEN MEANS OF TRANSPORTATION

With the new Erasmus+ Programme it is possible to use so called **green means of transportation**. It means that more than half of the travel must be realised by train, by bus, by car sharing or partially with a ferry boat. The Erasmus rates for green travels are a bit more high than those related to regular means of transportation. Those using green travel will be reimbursed of their eventual food and lodging costs up to 50€ per day per person. Not all the countries involved in this project will use green travel and the choice will be done on the base both of the real travel possibilities and of the following travel rates.



Country	Maximum rates per person Regular trip	Maximum rates per person Green trip
Bosnia Herzegovina	180	210
Romania	275	n.a
Spain	275	320
Slovak Republic	275	320
Albania	180	210
Portugal	275	n.a.
United Kingdom	n.a	n.a
Serbia	275	320
Bulgaria	275	320



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